

#### **Race to Inclusion**

National Ambulance BME Forum Conference 2019

@NatAmbBME #TalkAboutRace



## I CAN, I WILL, I MUST

#### Wellington Makala Registered Mental Nurse (RMN) Executive Masters in Public Administration (XMPA) Managing Director – HPFT

### Why Black History Month



- Month of gratitude
- Month of honoring
- Month of reflection
- Month of renewal
- Month of recharge
- Month of refocus
- Month of valuing self & others
- Month of celebration
- Month of renewed commitment I .....

### The Journey So far

- 2001 May started nursing training
- 2004 May Became a MH Nurse
- 2004 May D Grade Rehab Nurse
- 2004 August- D Grade Crisis Worker BEHT
- 2004 Dec E Grade WF HTT CPN NELFT
- 2005 June G Grade WF HTT
- 2006 Band 6 Senior CPN WF HTT
- 2008 Sept Band 7 Deputy Manager WF HTT
- 2008 Oct Band 8a HTT Manager Redbridge
- 2010 Oct Band 8b HTT Service Manager
- 2013 June Band 8c Assistant Operational Director
- 2013 Dec Band 8c Assistant Director MHS Havering
- 2016 March Band 8d Deputy Integrated Care Director ARD
- 2019 Jan VSM Managing Director- HPFT (Essex LD & Trustwide IAPT)
- 2019 Oct VSM Managing Director HPFT ( CAMHS , Older Adults , East & North Herts Community Adults Services )













Remain humble never forget where you come from the Hut I was born Farm 13 # it's not how you start









### BREAK DOWN THE BARRIERS



RICHARD VIZE



Co-payments Top-ups need more debate 6 PFI Rule changes will cost trusts £146m 7 Michael White On the gender imbalance 9

CONTACT THE NEWS DESK ON 020 7728 2757, ht insus managem

that promotes race equality, said:

"The patterns are broad enough to

cargest it's about institutional rac-

im. The NHS has been slower

than other sectors] to address it."

He said positive action was needed

to ensure staff were equipped to

The report makes 36 recommen-

ations, such as all organisations

mending their declarations to the

Healthcare Commission and the

"HA using the findings to inform

Vivienne Lyfur-Cissé, South East

Coast BME Network chair and

author of the report, said: "We are

encouraged that NHS organisations

"We hope that all NHS organisa-

tions in the region will eventually

dations as the starting point.

spply for top posts.

is workforce scrategy.

#### DISCRIMINATION Management must do more to

Apart from legal and moral obligations to | for example, that in some trusts the its own staff, there is an even more powerful reason why the NHS needs to be sure it is free of discrimination. If it cannot treat its own employees fairly it has no hope of providing ethnic minority patients with the service they have a right to receive.

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BME staff are less likely to be appointed from a shortlist, more likely to be disciplined, involved in a grievance, be involved in a bullying or harassment dispute or pursue a case through an employment tribunal The appointment figures are the most striking; the proportion of BME staff employed is, on average, less than half the proportion on the shortlist. At board level too, BME representation is neither a reflection of the workforce

nor the diversity of the local population. The only time BME staff appear to be better off is when it comes to redundancies. At first glance, relatively few losing their job might seem to be good news, but a more challenging interpretation is that white staff tend to get first pick when it comes to pay-offs.

The data does not provide explanations of the underlying causes. It is possible,

## ensure the NHS is free of racism

highlighted last year (news, page 8, 22 skewed appointment figures are caused by well intentioned managers trying to encourage BME advancement by pushing candidates through to the shortlist who are not good enough to be appointed - although this in turn would raise questions about whether BME staff are getting the training and support needed to succeed. But it is the consistent picture painted 'Each SHA and trust needs to look to its own record and procedures, be honest about

its failings and robust in its determination to change'

by the data of BME staff across an entire region having a tougher time at work than white colleagues which is so troubling.

change.

November 2007), the commission found fewer than one in 10 trusts had honoured their duties under the Race Relations Act 1976 to publish workforce data, race equality schemes and race equality impact assessments. Just one in three trusts appeared to be monitoring the ethnic makeup of their workforce and fewer than one in six has published equality impact assessments. Almost a quarter had not even published a race equality scheme. And last month chief medical officer Sir iam Donaldson used his annual report to highlight racial discrimination in medicine (news, page 7, 17 July).

Taking the Healthcare Commission findings and the figures revealed in this week's HSJ together, there is prima facie evidence that the NHS is failing to ensure

it is free of racism. Each strategic health authority and trust needs to look to its own record and procedures, be honest about its failings and robust in its determination to

To their great credit, several trusts involved in this study have already declared their intention to do just that. Far from just meeting basic requirements, the NHS should be an exemplar of best practice on equality. The values of the institution itself and the overwhelming mass of its staff support equality, yet many parts of the NHS are failing to ensure this translates into fair and equitable treatment for all its staff, whatever their race.

#### Minority staff get worse deal on jobs, pay and grievances

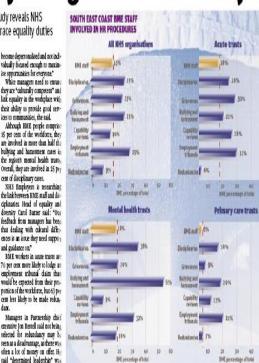
**EXCLUSIVE** Regional study reveals NHS organisations failing on race equality duties

#### Charlot to Santry charlona, sanay genap, com

ise opportunities for everyone." Widespread disadvantages faced by White manazers need to ensure black and minority ethnic NHS staff they are "culturally competent" and have been laid bare in a stark analy- link equality in the workplace with sis of recruitment, bullying, griev- their ability to provide good servance and disciplinary rates. ices to communities, she said, In the first report of its kind, Although BME people comprise shared endusively with HSI, figures 15 per cent of the worldotte, they extracted from every trust in one are involved in more than half the region show the difficulties BME bullying and harassment cases in people face getting NHS jobs, and the region's mental health trusts the disproportionate number Overall, they are involved in 25 pr involved in grievances once they are cent of disciplinary cases. NHS Employers is researching The Roce Equality Service Review the link between BME staff and dihas taken the South East Coast ciplinaries Head of equality and BME Network eight months to diversity Carol Batter said: "Our complete, at times sparking a hos- feedback from managers has been tile reaction. The findings are seen that dealing with cultural diffeby managers as broadly representa- ences is an issue they need support tive of other parts of the country. and guidance on"

They reveal BME people account BME workers in acute trusts are for 31 per cent of those thordisted 70 per cent more likely to lodge an for acute trust jobs but only 16 per employment tribunal daim than cent of appointees. At mental health would be expected from their protrusts only around a third of short- portion of the workforce, but 63 per lixed BME candidates get jobs and cent less likely to be made redunfor PCTs it is half as many as are dant. shortlisted. Managers in Partnership chi-

Surrey and Bordery Partnership enecutive [on Restell raid not being trust chief executive Fiona Edwards selected for redundancy may be said: "The results are striking and seen as a disadvantage, as there was make difficult reading. We're look often a lot of money on offer. He ing at the way the retrukment sys- said "determined leadership" was tem uses computers and whether it's needed to address the problem.



"hief executives need to be seen **BME STAFF IN THE NHS** owning workforce and diversity," SOUTH COAST REGION a said, adding that the figures were likely to reflect those in Londowand parts of other regions. the research shows major fail-

not equality duries.

he organisations were failing.

menging with BME communities.

owh an important issue."

suality and human rights.

ealthcare Commission chief

she called for trusts to recognize

wollems around race equality and

age by NHS organisations on their Of the region's 24 acute trusts, PCT. neutal health trusts and PCTs, 16 Figures are arithmetic mean of all hai ned to be complying with the organisations in region that provided leitheare Commission's core equirement to challenge discrimi-

N BHE N. BME

shortlisted appointed

nation, promote equality and grounds has been ponchy ("The espect human rights in 2006-07. same old faces", page 22, 6 March). Fur in-depth analysis carried out In the South East Coast, the netthe BME Network, using the work found 3 per cent of the region's cheare Commission's own 193 executive directors and 2.5 per assensment criteria, suggested all cent of the 160 non-executive direc- have expressed a desire to work in tors were BME. In the SHA area, partnership, using the recommen-All but nine organisations were 10.5 per cent of residents are estiijing to collect echnic monitoring mated to be BME. Only 6 per cent lota for patients, even though only of senior managers are BME and three officially admitted to failing the biggest proportion of BME staff do the same so that we can develop he related standard in self-declara- are dustered at Agenda for Change a regional strategy for race equality tives for the heakh check ratings. band five. just four provided evidence of

that will be of benefit to all BME Kent and Medway Partnership staff and patients in the region" trust social care director James Sin-NHS South East Coast chief execdair, responsible for equality and unive Candy Morris said: "We recconsutive Anna Waker said: "SHAs diversity, said: "At the beginning of ognise that we need to do more to and to ask themselves where their the management ladder you see a address the needs of BME parients met are on race equality, as it's drop-off of people from ethnic and members of the public as well minorkies gening posts" The report as provide greater leadership opporidentified "real weaknesses", he said. tunities for BME staff members." The trust is now doing its own ADH spokesman said: "The Race e systematically collect worldorce in depth analysis, investing in a Equality Service Review shows there data This year the commission will new post focusing on equality and are still areas within the medical angeet 20 per cent of trusts on race diversity, and donating £10,000 to profession that are cause for conthe BME Network. The local PCT cern? Chief medical officer Liam ntil now, evidence on the Alliance has also pledged £40,000. Donaldson is leading work to muster of managers and trust Rob Berkeley, deputy director of address this, he added. mund members from BME back the Runnymede Truit, a think tank Soo loador, page 3.

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7 Augura 2008 Health Service Journal 3 4 Health Service Journal 7 August 2008

tsl m.uk

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These difficulties are not apparent if one reads only the trusts' selfdeclarations on race equality core standards for the Healthcare Commission. The majority claim to comply with the need to "challenge discrimination, promote equality and respect human rights", as well as address under-representation of minority groups. Whatever the returns to the commission say, the detailed data indicates many trusts are to be found wanting. A Healthcare Commission survey has

revealed scandalously poor compliance with race equality legislation. As HSJ



Pav Trusts bend rules to keep top staff 7 Primary care GP bonuses revamped 8 Michael White On the CfH nightmare 11



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RACE IN

At the 231

NUMBERS

organisations that

responded to HS/'s

information request

BME staff make up:

16%

of the workforce

8%

of non-executive

directors

5%

of executive directors

34%

of capability reviews

44%

of builtying and

harassment cases

31%

of grievances

29%

of disciplinaries

hsi.co.uk

Saily Gainsbury has won news reporter of the year at the prestigious Press Gazette magazine awards, beating stiff competition from the best magazine journalists. The judges said: "In Saily Gainsbury, HS/ have found themselves a gem. Her style is firm, factual and above all dedicated to the one thing that news reporting relies on most – on the record quotes." They praised the "ruthless attention to detail" in her exclusive story reveating the £1.8bn NHS surplus last November, and her scoops on the overfunded GP practice at Buckingham Palace and private patients' unpaid hospital bills. Charlotte Santry was shortlisted for business reporter of the year.

CONTACT THE NEWS DESK ON 020 7728 3757, hsjnews (Demap.com

#### **RACE EQUALITY**

#### Survey shows 'racism alive in NHS' Local populations not reflected

EXCLUSIVE National analysis of trusts and PCTs finds BME staff missing from top jobs - but disproportionately involved in grievance hearings

ter," Mr Amos said.

grievances with employers.

These statistics

are strikingly high

is alive in the NHS

formance managed," he said.

are shortlisted, but only 17 per cent

At some organisations the fig-

ures are particularly stark: at Haver-

viewed for jobs were BME but this

translated into only 15 per cent of

ing PCT, 37 per cent of people inter-

of appointed candidates.

offers made.

unfortunately racism

and show that

"It's clearly the case that some

#### Charlotte Santry charlotte.santry@emap.com

The bleak plight of black and minority ethnic staff across the NHS has been exposed in an exclusive HSJ analysis of recruitment rates, employment relations and workforce figures.

The survey of every NHS trust and primary care trust in England proves BME workers are grossly under-represented among senior management but disproportionately involved in disciplinaries, grievances, bullying and harassment cases and capability reviews. Responses from the 231 organisations that provided figures show BME staff make up around 16 per cent of the workforce but are involved in more than twice as many bullying and harassment

cases and capability reviews. In addition, nearly a third of grievances are taken out by BME staff. Unison BME lead Dave Godson said: "These statistics are strikingly high and show that unfortunately racism is alive in the NHS. People should be encouraged to around diversity issues, he said. At report and confront racist and bul- his trust, staff induction programmes lying behaviour."

contain a section on equality. He said the findings backed up a Many BME staff also appear to Unison survey last year in which face barriers when it comes to two thirds of black members applying for jobs. On average, BME reported they had experienced racpeople make up 39 per cent of job ism and racist abuse in their job. applicants, 24 per cent of those who

University College London Hospitals foundation trust workforce director David Amos said many human resources procedures involved staff in Agenda for Change bands three to five, in which the largest proportion of BME staff were concentrated

He said more research was A spokeswoman said: "All candineeded into whether the figures dates who apply for interviews are

revealed a problem with staff work- selected against the person specifiing in those types of roles, or were cation for the particular post for which they have applied. related to people's ethnicity.

"Everyone has a legal duty to be "As with all organisations, the monitoring this data. There's no person who is offered the job is the doubt that everyone could do betperson who best meets the person specification and who best per-He pointed out that race legislaformed at the interview on the day."

tion was designed to protect people At Lancashire Care foundation with diverse backgrounds and trust, 21 per cent of shortlisted cantherefore provided more opportunididates were BME but only 13 per ties for non-white staff to take out cent of successful applicants. NHS Employers head of equality

and diversity Carol Baxter said: "Managers need to develop their interviewing skills regarding diversity. It's a legal obligation to train staff in equal opportunities." Impact assessments also reduced

the risk of discrimination, she said. but trusts did not always carry them

NHS Employers is working with 11 trusts that have identified patterns of BME under-representation staff... use the legislation to defend among managers and over-reprethemselves when they're being persentation in disciplinaries.

It is also carrying out research Trusts also need to invest in prowith Bradford University into why fessional development for staff BME staff account for such a large proportion of disciplinaries and capability reviews.

HSFs figures, collated using the Freedom of Information Act, show the national picture reflects a report published by the South East Coast BME network in August (news, page 4,7 August). This caused a stir in the region but led to the strategic health authority committing itself to addressing the problems and trusts offering to fund local BME forums. The report's author, Vivienne Lyfar-Cissé, said HSFs analysis showed managers needed to be held more accountable for the experiences faced by their BME staff. See leader, page 3.

#### **BME RECRUITMENT** Average % BME applicants

39 Average % BME shortlisted 24 Average % BME appointed 17



hsi.co.ut

#### **REPRESENTATION** Healthcare Commission to seek action from boards

#### Charlotte Santry charlotte.santrymemap.com

NHS bodies are largely representative of the communities they serve but some are drastically failing to reflect local populations, HSI's figures show.

A comparison of population data from the Office for National Statistics with primary care trust workforce figures shows on average PCTs employ around 22 per cent more people from black and minority ethnic backgrounds than are living in local communities.

But others are failing to recruit people from similar ethnic backgrounds to residents.

For example, 25 per cent of people living within Bradford and Airedale teaching PCT's boundaries are BME, compared with 14 per cent of staff. The proportion of BME staff at Kirklees PCT is less than half that of the population it serves: 7 per cent of employees compared with 16 per cent of BME residents.

There are also PCTs where the workforce is significantly more diverse than the areas they serve. such as Hammersmith and Fulham, where only 22 per cent of residents but 41 per cent of staff are BME.

However, trust boards are rarely representative: among organisations responding to HSPs survey, 5 per cent of executive directors and 8 per cent of non-executive directors were BME, based on a mean average.

Many said they had no BME directors at board level at all, such as Central Manchester and Manchester Children's University Hospitals trust, which serves a population in which nearly one in four people are from a BME background.

Healthcare Commission chief executive Anna Walker said the unrepresentative nature of NHS senior leaders meant "the NHS tends not to offer personalised care".

The commission is carrying out a race equality review, due to be pub- standing practice" in the NHS, lished in January, in addition to its including PCTs providing surgeries annual web audit that checks in a wide range of languages, and whether trusts have published race hospitals focusing on the healthcare equality schemes. She said: "Cultural needs of difference communities. competency isn't being tackled as proactively as it needs to be, either in relation to patients accessing said, but interviewers were services or the needs of BME staff. "Our report will be seeking very clear actions from boards to promote adversely affect the chances of job

But she highlighted some "out-BME staff often required extra support and encouragement, she not always taking into account cultural differences that might applicants.

dropped by 7 per cent,

compared with 9 per

white.

cent of those who were

Overall, the NHS is

the largest employer of

#### DH TO ENFORCE PROPORTION OF BME BOARD MEMBERS

Managers will be given a looking at how they'll be target on the proportion set locally.<sup>30</sup> of trust board members It would not be treated as a centrally coming from black and minority ethnic imposed quota, he said. backgrounds under Responding to HS/'s plans being drawn up by survey of NHS trusts and the Department of primary care trusts, he Health. for themselves. We have **DH** director for equality and human got some work to do but rights Surinder Sharma we're going down the (pictured) told HS/ the right road and we need issue was being treated to work together with as a priority to make our BME staff and boards more managers to find the representative of their solutions together."

leadership around race equality."

local populations. He said: "We're addressed by the new working with the diversity and equality board being set up, Cabinet Office to set a target for a public service agreement... and NHS chief executive



**BME** communities in Europe, he said, and 30 said: "The figures speak per cent of medical students come from nonwhite backgrounds. Mr Sharma called on strategic health authorities to hold trust managers to account The issue would be which will be chaired by

over their race equality duties, and pratsed NHS North West for sending strategic plans back to PCTs If they lack equality Impact assessments. Monttor also has a role to play, he said, by ensuring foundation trusts comply with race equality legislation. "It's just as important as any other duty that trusts have," he said. "It's not just a 'to do' list, it's the responsibility of the whole board. It's part of world-class commissioning and should be part of everything we do."

4 Health Service Journal 6 November 2008

### **Paradigm Shift**





What do you see? By shifting perspective you might see an old woman or a young woman.



#### **Breaking down the barriers**

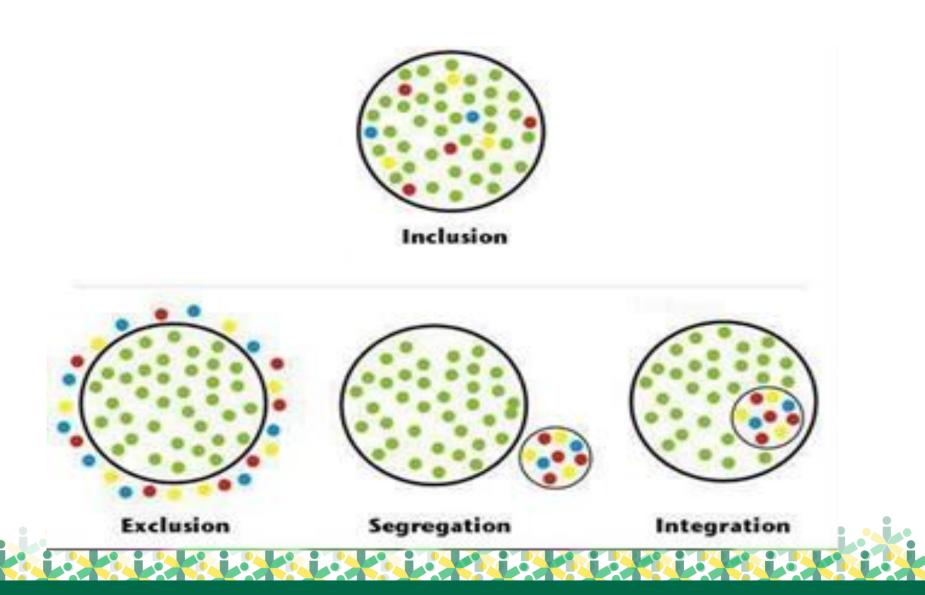


## .....It's not about black and white, It's about how we can be fair and inclusive



#### Inclusion





### **Understanding the problem**



#### **Barriers to progression:**

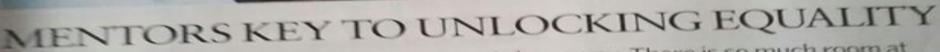
- Staff felt excluded from organisational culture
- Lack of BME role models at senior positions
- Lack of awareness of different cultures, backgrounds of staff
- Lack of confidence in staff to apply for jobs
- Lack of transparency by interviewing panels
- Lack of appropriate mentoring and coaching facilities.
- Lack of access to training and development
- Lack of self belief (BME Staff)

ank holistos - being scrapped. or work more bank shifts.

States the

in tan calles grown strik ture

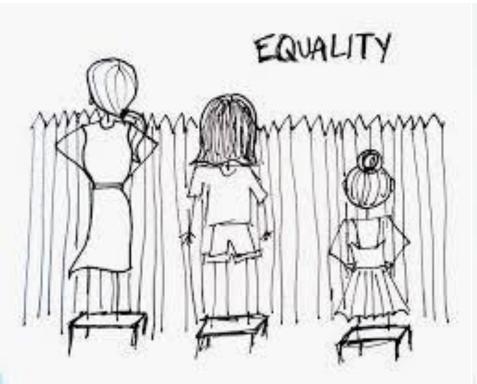
REAGENSO

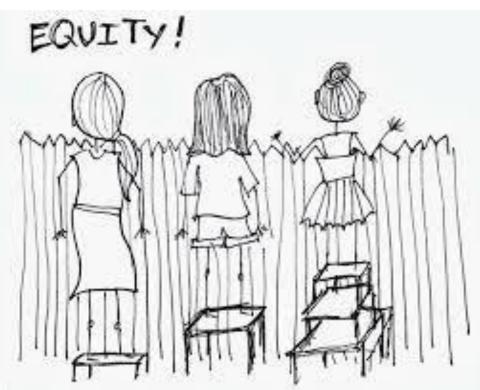


Nurse Wellington Makala urged black and minority ethnic managers and directors to support BME colleagues in reaching leadership positions. Speaking at a Nursing Standard ongress fringe event, Mr Makala (pictured), assistant director of adult mental health and learning disability services at North East London NHS Foundation Trust, said: 'Sometimes BME people get to a level and the ladder is taken away. There is so much room at the top we can all get there.' He said his trust partners staff on lower bands with band 8c mentors. Mr Makala, from Zimbabwe, said cultural factors can disadvantage people. 'At home we do not look people in the eye. It was only after a job interview where I looked down that I realised this can make someone question whether yo are a bit dodgy,' he said.

NURSING STANDARD

### It's not about equality



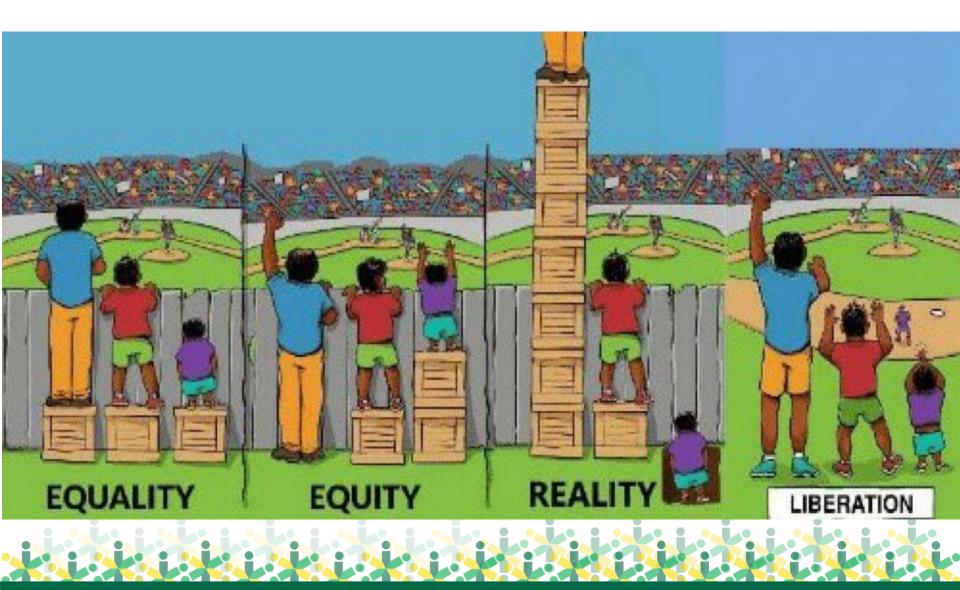


Fairness = Doing the same thing for everyone regardless of who they are

Justice= making allowances and adjustments for certain people

# There is room for all of us to watch the game





#### I am because you are







